→ Montessori and Froebel gave the maxim of Senses.

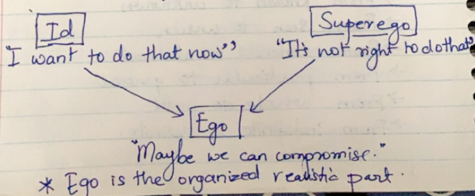
→ Dalton's system is based on self-study

→ Learning by Doing – John Dewey

→ Theory of multiple Intelligences – Dr. Howard Gardner

→ Sigmund Freud – Psychoanalytic theory also known as 'structural theory', 'psychosexual theory'.

The Psychoanalytic theory of personality development argued that personality is formed through conflicts among three fundamental structures of the human mind: the id, ego and superego.



* Ego is the organized realistic part.

Abraham Maslow's hierarchy of need

→ 4 Stages of Cognitive Development

Jean Piaget's theory of cognitive development suggests that children move through four different stages of mental development

1) Sensory period (0-2 years)

- The infant knows the world through their movements and sensations.
- Children learn about the world through basic actions such as sucking, grasping, looking and listening.

2) Pre-operational period (2-7 years)

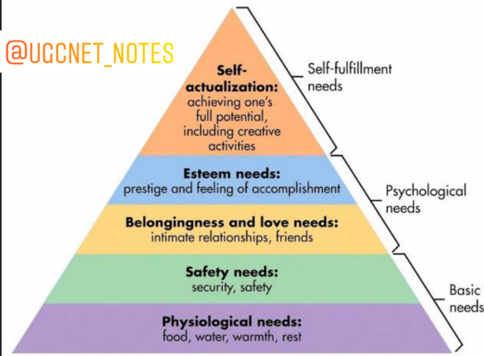
- Children begin to think symbolically and learn to use words and pictures to represent objects.
- Children at this stage tend to be egocentric (self) and struggle to see things from the perspective of others.

3) Concrete Operation Period (7-11 years)

- During this stage, children begin to think logically about concrete events.

4) Formal Operation period (11-15 years)

- At this stage, the adolescent or young adult begins to think abstractly and reason the hypothetical problems.
- Abstract thoughts emerge (Imagination)
- Begin to use deductive logic, or reasoning from a general principle to specific information.


Self-actualization: achieving one's full potential, including creative activities
Esteem needs: prestige and feeling of accomplishment
Belongingness and love needs: intimate relationships, friends
Safety needs: security, safety
Physiological needs: food, water, warmth, rest
Self-fulfillment needs
Psychological needs
Basic needs